Petra Travnicek, MD, FACP

CONCIERGEMEDICAL
SERVICES
BOARD CERTIFIED INTERNAL MEDICINE

Concierge Biannual Examination

Patient Name:_____

Date:_____ **DOB:** ____/____/____

Please list any major symptoms you are having with your health, new medical problems you have been diagnosed with in the **PAST 6** months, or any new concerns you have:

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1250 South Tamiami Trail, Suite 301, Sarasota, Fl 34239
Ofc (941) 365-1321 Fax (941) 365-4071 www.conciergemedical.services

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Review of Body Systems

Check any symptoms you are experiencing or that are concerning you:

Constitutional: ___Fever ___Fatique ___Abnormal Sweating ___Weakness ___ Change in Weight
___Change in Appetite ___Difficulty Sleeping ___Intolerance to Heat or Cold

Head: ___ Headache ___Dizzy ___Faint ___Seizures

Eyes: ___ Loss of vision ___Floaters ___Eye pain

Ears: ___Noise in ears ___Hearing loss ___Ear pain

Nose: ___Congestion ___Change in smell ___Loss of smell

Breasts: ___Pain ___Lumps ___Nipple changes or discharge

Respiratory: ___Cough ___Shortness of breath ___Wheezing ___Change in sputum

Cardiovascular: ___Chest pain ___Palpitations ___Irregular heartbeats ___Varicose veins
___Pain in calf with walking

Gastrointestinal: ___Nausea ___Vomiting ___Difficulty swallowing ___Indigestion
___Abdominal pain ___Burping ___Bloating

Intestinal: ___Pain ___Constipation ___Diarrhea ___Excessive flatulence
___Hemorrhoids ___ Rectal pain ___Rectal bleeding ___Change in stool

Urinary: ___Increased frequency ___Change in stream ___Pain with urination
___Urgency ___Incontinence ___Loss of urine when coughing or sneezing
___Getting up at night to urinate (How many times? ____)

Women: ___Painful menstruation ___Change in periods ___Painful intercourse
___Vaginal discharge ___Vaginal dryness or irritation ___Changes in libido

Men: ___Changes in libido ___Premature ejaculation ___Erectile dysfunction

Musculoskelatol: ___Painful joints ___Swollen joints ___Arthritic changes
Listjoints_____
___Tendons ___Gout ___Foot problems ___Muscle pain or weakness

Skin: ___Rashes ___Itching ___Acne ___Persistent sores ___Skin cancers
___Hair loss ___Seborrhea ___Psoriasis

Hematology: ___Bruising ___Swollen glands

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Exercise Habits

Please describe your exercise

Type: _____

Frequency: _____

Other types of physical activity:

_____

_____

_____

Goals for exercise this year:

_____

_____

_____

How will you achieve these goals:

_____

_____

_____

Completed by_____ **Date**_____

Signature _____

Carefully review all pages to be sure you have filled out each page completely. After completed, sign and email to forms@conciergemedical.services or print, sign and mail to: 1250 South Tamiami Trail, Suite 301, Sarasota, FL 34239.